

PS 39 Diversity and Inclusion Book of the Month: September
Theme: Multiculturalism

Book Title: This Is How We Do It
One Day in the Lives of Seven Kids from Around the World
By Matt Lamothe

Grade Level: K / 1st

Book Summary:

Follow one day in the real lives of seven kids from around the world—Italy, Japan, Iran, India, Peru, Uganda, and Russia!

In Japan, Kei plays Freeze Tag, while in Uganda, Daphine likes to jump rope. While the way they play may differ, the shared rhythm of their days—and this one world we all share —unites them.

This genuine exchange provides a window into traditions that may be different from our own as well as mirrors reflecting our common experiences. Inspired by his own travels, Matt Lamonthe transports readers across the globe and back with this luminous and thoughtful picture book.

Discussion Questions:

- Talk about all the daily routines in *This Is How We Do It: One Day in the Lives of Seven Kids from Around the World*. What new information did you learn, and what interested you the most?
- For each page or category, draw a picture and/or write a short paragraph about yourself. What do you do that's similar? What do you do that's different?
- Why do you think the author/illustrator ended the book not with a picture of the kids but with the line "This is my night sky" and an illustration of the moon and stars?

Activity Kit:

<https://www.chroniclebooks.com/landing-pages/pdfs/this-is-how-we-do-it-activity-kit.pdf>