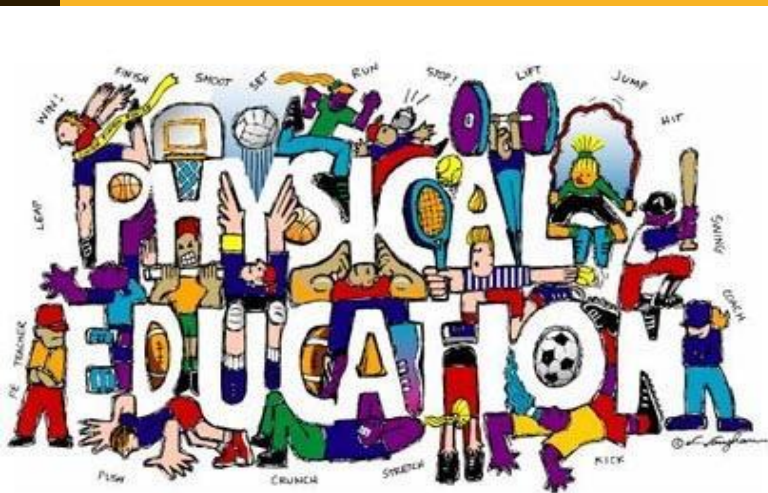


PE CURRICULUM 2020-2021

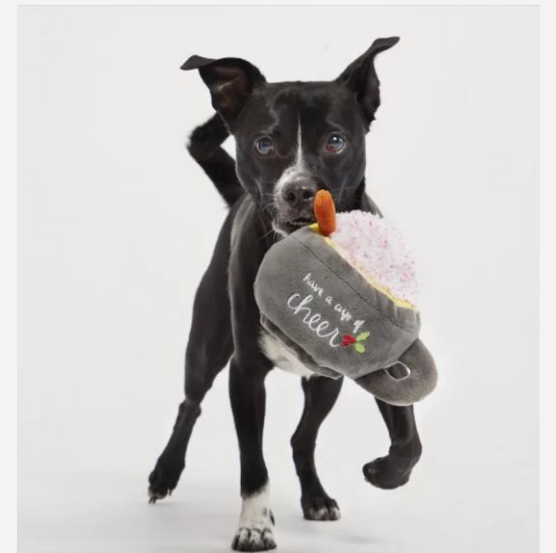


ERIC MONTE
**(PHYSICAL EDUCATION
TEACHER)**

TEACHER BIO

Mr. Monte

- Masters in PE from Brooklyn College
- After-School/Summer Camp Director
- Former Ski Instructor
- Got Married Last Year!
- Had a baby in September!
- Still Love my Dog Robbie
- Bike Everyday from Queens





CURRICULUM OVERVIEW



- **Physical Education:** Designed in 2019 and ever evolving, NYC's scope and sequence for PE will be the road map for PE this year. The scope and sequence is based on Physical Best and the SHAPE national standards, but is specifically designed with NYC's public school students in mind. Students have a number of ways to engage with my content. In person students will receive PE once a week in the school yard. Remote only students can engage with iLearn content. All students will see Mr. Monte for remote synchronous PE on Mondays. During the year we will focus on motor skill development, cooperation, and understanding movement concepts.

The goal of PE is to give students tools needed to make physical activity a permanent part of their lives.

P.E. PACING CALENDAR

	K-2	3-5
September - November	<u>Routines:</u> Establish procedures, communication, initial assessment, team building, taking turns, sportsmanship	<u>Routines:</u> Establish procedures, communication, initial assessment, team building, sportsmanship
November - January	<u>Pathways Locomotors:</u> Movement concepts, spacial-awareness, routines, introduction to fitness concepts (pacing, exertion)	<u>Fitness:</u> Health related fitness principles, fitness routines, cardiovascular fitness
January - February	<u>Basketball:</u> Dribbling, passing, shooting, cooperative games	<u>Basketball:</u> Dribbling, passing, shooting, cooperative games, skill application
February - March	<u>Throwing:</u> Skill development, underhand, overhand, stations, cooperative games	<u>Throwing:</u> Skill application, team games, cooperative games, stations
March - April	<u>Striking:</u> Stations using implements, racquets, hands, bats, bowling.	<u>Volleyball:</u> Stations, intro to skills, modified game
April - May	<u>Tag Games:</u> Cardiovascular endurance, intro to, cooperation	<u>Racquet Sports:</u> Introduction, stations, 2v2 play
May - June	<u>Soccer:</u> Dribbling, shooting, passing, spacial awareness	<u>Soccer:</u> Dribbling, passing, shooting, cooperative games, skill application
June	<u>Lifetime Games:</u> Parachute games, horseshoe, ringtoss, frisbee, cornhole, summer games	<u>Lifetime Games:</u> Horseshoe, ring toss, frisbee, cornhole, summer games

PARENT ENGAGEMENT



The DOE has provided all teachers with time every weekday morning from 8:30am - 8:50am to engage with families to strengthen the home/school connection to support our children. Families can schedule a zoom/phone call by emailing me in advance. As you know our teachers are not limited to these times to communicate with families but if you have a concern that may require an extended conversation or meeting, please make use of this opportunity.

QUESTIONS?

Shoot me an email at emonte@ps39.org

