

**P.S. 39's Wellness Council Presents**

# Family **FITNESS** **FRIDAYS**

## January

**5** - Soccer

**12** - Soccer

**19** - Basketball

**26** - Basketball

## February

**2** - Fitness Games

**9** - Fitness Games

## March

**2** - Volleyball

**9** - Volleyball

**16** - Ultimate Frisbee

**23** - Ultimate Frisbee

## @Camp Friendship

7:30 AM - Doors Open / Warm up

7:45- 8:05 AM - Fitness Time

Family Fitness Friday is back! Join us each week at Camp Friendship for fun and games with Mr. Bacovic and our Wellness Council. **Remember this is a FAMILY event.**

*Everyone should come ready to move and dressed to participate.*

**EACH CHILD MUST BE ACCOMPANIED BY AN ADULT.**

**FAMILY MEMBERS ATTENDING NEED TO LEAD BY EXAMPLE!**

**EACH FAMILY MEMBER PRESENT CAN ENTER A RAFFLE TO WIN PRIZES.**

**TEN WEEKS = TEN CHANCES TO WIN PRIZES!**

**PS 39 Wellness Council is looking for new parent members!**

*Plus, students in grades 3-5 are invited to join as student members*

Contact Karen Herskowitz ([kherskowitz@ps39.org](mailto:kherskowitz@ps39.org))