

**PS 39 Diversity and Inclusion Book of the Month: December**  
**Theme: International Human Rights**

**Book Title:** We Are All Born Free: The Universal Declaration of Human Rights in Pictures  
by Amnesty International

**Grade Level:** K / 1st

**Book Introduction:**

We Are All Born Free explains the importance of human rights through illustrations from a variety of artists. Each page features a statement about a human right, along with a rich illustration of this right. Its clarity and simplicity makes it easy to understand these potentially difficult concepts. Before reading this book with your child, look through the different rights that are presented - there are many and you may want to highlight for discussion just a few of these at a time. Also, while reading, you may want to focus on how the pictures in the book illustrate the right that is shown. Because there are so many different rights, the discussion questions here are broad and can be used with any of the pages, rather than being specific to one page.

**Discussion Questions:**

***Before reading -***

- What are rights? You may want to give an example, like having the right to go to school and learn.
- What rights do you think all people should have? Why?

***During and After Reading (Pause at the rights/pages that interest you or your child the most) -***

- Before reading the text on the page, ask:
  - What is happening in this picture?
  - How do you think the people on the page feel? Happy? Sad? Scared? Something else?
- Read the text on the page. Discuss the meaning of any unfamiliar words.
  - What does mean to have this right?
  - How does the picture help us understand this right?
  - Why is this right important?
  - How would you feel if you didn't have that right?
  - What would you do if you or someone else didn't have that right? Who would you speak to? How could you make it better?

**Additional Resources:**

<https://www.amnesty.org.uk/resources/book-activities-we-are-all-born-free>

This site contains a PowerPoint of some of the pages of the book that could be used for discussion without reading the whole book.