



Welcome Summer!

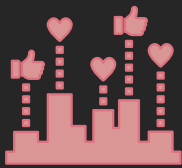
PS39's Diversity & Inclusion Equity Team is a group of teachers, parents, and administrators who meet bi-monthly to foster and ensure a welcoming environment for all members of our community. All members of the PS 39 community are invited and encouraged to be involved in our meetings and activities.

We all know this has been a trying school year and a half for everyone. It has however, allowed us to find new and creative ways to connect and has given us the opportunity to reach out to our community in ways that we hope will continue far beyond the current state of the world.

We believe that if parents, caregivers, teachers, students, and administration all work together, we can achieve our goal of making PS39 a more inclusive community for all. This year we found so many ways to engage in our community. These initiatives will continue through the Summer. As we come to the end of an unprecedented school year, we don't know what the new school year will bring. Regardless, our work will continue.



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PS 39 CORE VALUES

Belonging



- We find ways to see and connect with each other
- We include each other
- We recognize that everyone is important to our school
- We trust that everyone acts with best intentions
- We show empathy by trying to understand another's perspective

Resilience



- We are humble and recognize that we all have something new to learn
- We are grateful
- We are mindful of our feelings, our words and our actions
- We are optimists and look for the positive
- We remember to find the humor
- We show grace by being courteous and considerate

Curiosity



- We keep an open mind
- We use flexible thinking to solve problems
- We learn new things every day
- We seek inspiration and creativity

Care



- We choose to treat each other with kindness
- We assume positive intent and take responsibility for impact
- We challenge each other to be our best selves.

In addition to our goals of thoughtfully addressing concerns and incidents around race, class, gender, sexuality and differences in learning, we want to see our school community proactively adopt and promote a culture of respect, social justice, equity, inclusivity and openness at PS39 through policy, practice and engagement in community outreach. Our Core Values reflect these ideas.



The incredible strides that we've made as a school in just over four years would not be possible without the support, dedication and unwavering commitment of all the students, families, caregivers, and staff at PS39. Thank you for believing in the importance of this journey with us. Thank you for volunteering not just your time, but your ideas. And finally, thank you for choosing to invest in making PS39 a more inclusive community for all.

We look forward to sharing next year's plans with you. In the meantime, please enjoy this curated list that we've created to keep you engaged and enjoy the Summer!

And, as always, if you would like to get involved in the Diversity & Inclusion Committee or have any ideas or suggestions, please email us at diversity@ps39.org.

With best wishes for a wonderful Summer,
PS39's Diversity & Inclusion Equity Team

Working together, we can develop a better understanding of the opportunities and challenges we face in undoing racism, fostering inclusion, and raising the next generation of socially responsible citizens.



IN THIS KIT...

You will find:

- ▶ Free events within NYC
- ▶ Opportunities to get involved in community outreach
- ▶ Booklists to encourage discussions on race, gender, ability, and social justice
- ▶ 2020-2021 Book of the Month selections for students
- ▶ Adult Dialogue & Drinks selections
- ▶ Museum exhibits that focus on the cultural diversity and history of NYC and beyond
- ▶ Weekly Challenges to engage in learning and community
- ▶ A Guide to Digital Citizenship
- ▶ Mindfulness and Wellness Resources
- ▶ Resources on how to volunteer and get involved in community action
- ▶ Black Lives Matter resources, events, book lists, and organizations you can support
- ▶ Social Emotional Learning Resources
- ▶ Last Looks from our Fifth Graders
- ▶ Useful infographics

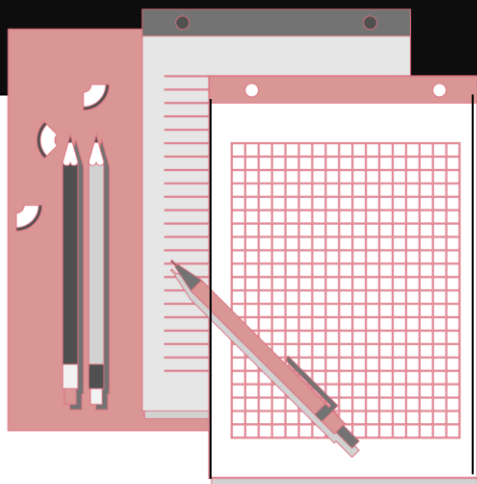
There is so much more to be done, especially now. Our kids need empathy, understanding, inclusion and hope. Next up are some highlights of the goals and initiatives that we have engaged in this year:



INITIATIVES

- **Book of the Month:** An at home Book of the Month series with discussion guides centered around monthly themes focusing on Diversity and Equity. Often these stories find their way into classroom libraries and are incorporated into lessons.
- **D&I Padlet:** Our Newsletter has a new look and platform! D&I has created a one stop padlet where you can find all Book of the Month and Dialogue and Drinks picks, as well as resources on various D&I issues along with all of our usual newsletter features. This page will be added to regularly and will contain all past newsletter information!
- **The Welcome Dinner will return in September!:** Aptly named, the Welcome Dinner is a potluck feast to welcome in the new year and welcome new families to PS39. We encourage families to bring a dish that is special to their culture or their family. This first school event of the year is a celebration of the many cultures that are housed in our school, families, and community. Activities are designed to encourage meeting new people - especially across grades - and getting to know what makes them who they are. This event is well attended by families and staff. There is nothing to purchase at this event and no one is required to bring a dish in order to attend.
- **Dialogue & Drinks:** A monthly book club/discussion group for adults that engages parents, families, and caregivers and offers a space to discuss topics of interest aligned with the themes of the Book of the Month series for students.
- **Community Events:** Sign-making and rock-painting events took place throughout the year to encourage messages of kindness, inclusion and social justice.

Initiatives



Windows and Mirrors Project: Organizing of classroom libraries to ensure that the books to which students have access reflect the community both within the school and outside. Teachers and students work together to sort through books, identifying books that reflect themselves (mirrors) or provide a view into someone different from them (windows).

Teacher Appreciation: In collaboration with the PA, we held multiple Teacher Appreciation events this year and created padlets honoring our PS39 Teachers and staff.

Juneteenth Events:

Lots of amazing teacher led content surrounding Juneteenth. Students hung signs on the school fence reflecting what they have learned.

Masks for All Initiative: Parent member Lesa Rozmarek spearheaded a mask donation and sewing initiative to donate masks to Brooklynites in need.

AoK (Ambassadors of Kindness) Club: Awarded a grant in support of an afterschool club to promote kindness, foster empathy and develop leadership skills. The Ambassadors spread messages of kindness and inclusion, through bulletin boards, morning announcements, supporting Mix It Up for Lunch days, and most importantly by planning and implementing "kindness missions" that everyone in the PS 39 community can participate in.

Summer Engagement Kit: A curated list of free community events, books for adults and students, cultural experiences, activities and conversation to keep families engaged around issues of race, class, gender, sexuality, and different abilities throughout the summer months as well.

The Traveling Book Project: Students were encouraged to get out in the community and share books they love with others. Students took a book from their bookshelves, or a book provided by D&I, and visited our [Traveling Book Padlet](#), where they placed their name, their current location, any interesting stories about their history with the book. They then tagged the book for others to do the same and sent the book off to find a new reader by leaving it anywhere they wanted, for someone to pick up and read, giving access to books to people near and far.

Your Story, Our Story Project: Returning in 2022! PS 39 will continue its involvement in the [Your Story, Our Story](#) project with the Tenement Museum. This project is a wonderful exploration of our families' cultural histories and generated so much excitement among students, families, staff, teachers, and our neighbors.

Some new initiatives started in the 2020-2021 school year will continue and expand in the coming school year:

Parent Engagement in PS 39 Core Values - Affinity Groups

PS 39 Book Room Edit - Community Census Project

D&I Webpage/Padlet Management - Refugee Art Project





SUMMER READING

BOOK OF THE MONTH PICKS

School's out! Let's Read!

Just because school is out doesn't mean we stop learning. Enjoy these Summer reading recommendations.

We all know how critical it is for kids to see themselves reflected in books, and to read about a diversity of characters, stories and issues— in both fiction and non-fiction stories.

More and more books that directly or indirectly address issues of diversity and inclusion— from race to culture, to gender to ability— are published each year. If you haven't had a chance to read some of the titles featured in the Book of the Month selections, this is a great place to start.

Additional reading suggestions for both children and adults can also be found [here](#).

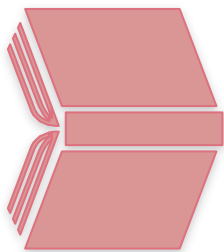
[Complete List: D&I Books of the Month](#)

[2017 - 2018 BOM](#) * [2018 - 2019 BOM](#) * [2019 - 2020 BOM](#) * [2020 - 2021 BOM](#)



SUMMER READING

Here is a bookmark to cut out that has prompts for discussing our books of the month with your children. **HAPPY READING!**



As you read each book, take some time to think about and answer the following:

Feel: Put yourself in the character's shoes. What would it be like to spend a day as someone else?

Wonder: What questions would you like to ask the characters about their life?

Connect: "This reminds me of...but it's different from...."

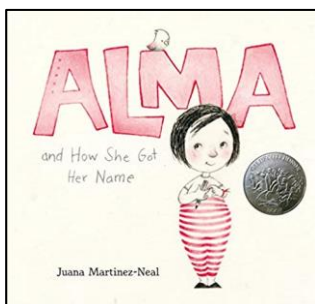
Imagine: "If I met this character, I would say..."

Fold



Diversity & Inclusion at PS 39

Through our work we will develop a better understanding of the opportunities and challenges we face as members of the PS 39 community in undoing racism, fostering inclusion and raising the next generation of socially responsible citizens. We are committed to engaging in this work with respect, curiosity, authenticity and vulnerability. We seek to build community and partnerships and maintain accountability to ourselves, our families and school in the process.



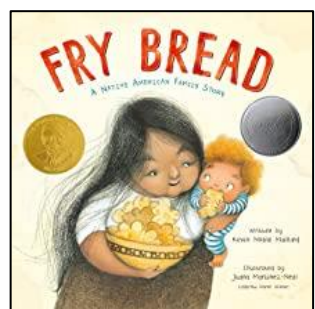
Alma and How She Got Her Name by Juana Martinez-Neal

If you ask her, Alma Sofia Esperanza José Pura Candela has way too many names: six! How did such a small person wind up with such a large name? Alma turns to Daddy for an answer and learns of Sofia, the grandmother who loved books and flowers; Esperanza, the great-grandmother who longed to travel; José, the grandfather who was an artist; and other namesakes, too. As she hears the story of her name, Alma starts to think it might be a perfect fit after all – and realizes that she will one day have her own story to tell.



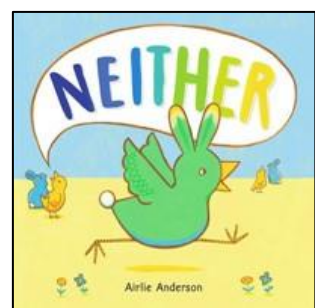
One by Kathryn Otoshi

Blue is a quiet color. Red's a hothead who likes to pick on Blue. Yellow, Orange, Green, and Purple don't like what they see, but what can they do? When no one speaks up, things get out of hand – until One comes along and shows all the colors how to stand up, stand together, and count. As budding young readers learn about numbers, counting, and primary and secondary colors, they also learn about accepting each other's differences and how it sometimes just takes one voice to make everyone count.



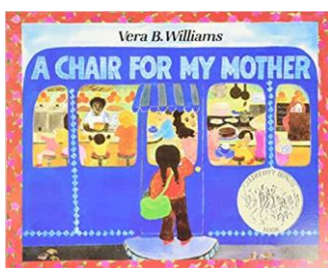
Fry Bread: A Native American Family Story by Kevin Noble Maillard

Told in lively and powerful verse by debut author Kevin Noble Maillard, *Fry Bread* is an evocative depiction of a modern Native American family, vibrantly illustrated by Pura Belpre Award winner and Caldecott Honoree Juana Martinez-Neal. *Fry bread is food*. It is warm and delicious, piled high on a plate. *Fry bread is time*. It brings families together for meals and new memories. *Fry bread is nation*. It is shared by many, from coast to coast and beyond. *Fry bread is us*.



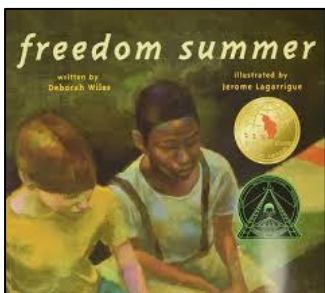
Neither by Airlie Anderson

A unique little creature that's not quite a bird and not quite a bunny--it's "neither"--searches for a place to fit in. In the Land of This and That, there are only two kinds: blue bunnies and yellow birds. But one day a funny green egg hatches, and a little creature that's not quite a bird and not quite a bunny pops out. It's neither! Neither tries hard to fit in, but its bird legs aren't good for jumping like the other bunnies, and its fluffy tail isn't good for flapping like the other birds. It sets out to find a new home and discovers a very different place, one with endless colors and shapes and creatures of all kinds. But when a blue bunny and a yellow bird with some hidden differences of their own arrive, it's up to Neither to decide if they are welcome in the Land of All.



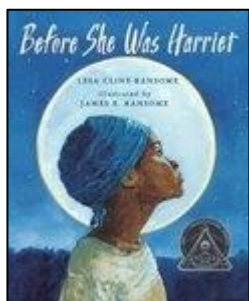
A Chair for My Mother by Vera Williams

A story about a family and their community working together to meet a need. The family does not have a comfortable chair as their furniture burned in a fire. The young girl telling the story responds to the need through contributing to the family savings towards the goal of buying a comfortable chair for her mother. The various acts of caring that occur after the fire are retold in a story in which a family and community come together to respond to a need. They demonstrate responsibility for each other by collaborating to reach a goal.



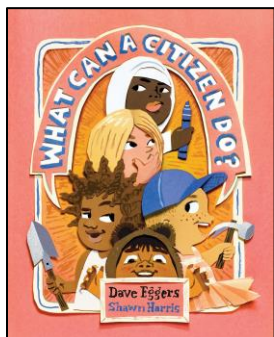
Freedom Summer by Deborah Wiles

Joe and John Henry are a lot alike. They both like shooting marbles, they both want to be firemen, and they both love to swim. But there's one important way they're different: Joe is white and John Henry is black, and in the South in 1964, that means John Henry isn't allowed to do everything his best friend is. Then a law is passed that forbids segregation and opens the town pool to everyone. Joe and John Henry are so excited they race each other there...only to discover that it takes more than a new law to change people's hearts.



Before She was Harriet: The Story of Harriet Tubman by Lesa Cline-Ransome & James E Ransome

A lush and lyrical biography of Harriet Tubman, written in verse and illustrated by an award-winning artist. We know her today as Harriet Tubman, but in her lifetime she was called by many names. As General Tubman she was a Union spy. As Moses she led hundreds to freedom on the Underground Railroad. As Minty she was a slave whose spirit could not be broken. An evocative poem and opulent watercolors come together to honor a woman of humble origins whose courage and compassion make her larger than life.



What Can a Citizen Do? by Dave Eggers and Shawn Harris

This is a book about what citizenship—good citizenship—means to you, and to us all: Across the course of several seemingly unrelated but ultimately connected actions by different children, we watch how kids turn a lonely island into a community—and watch a journey from what the world should be to what the world could be.

The Journey by Francesca Sanna

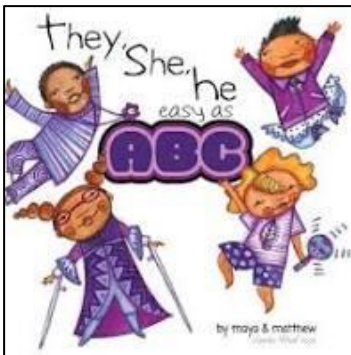
The Journey is actually a story about many journeys, and it began with the story of two girls Francesca Sanna met in a refugee center in Italy. Behind their journey lay something very powerful. Sanna collected more stories of migration and interviewed many people from many different countries. In September 2014, Sanna started studying a Master of Arts in Illustration at the Academy of Lucerne and created a book about these true stories. Almost every day on the news we hear the terms "migrants" and "refugees" but we rarely ever speak to or hear the personal journeys that they have had to take. This book is a collage of all those personal stories and the incredible strength of the people within them.

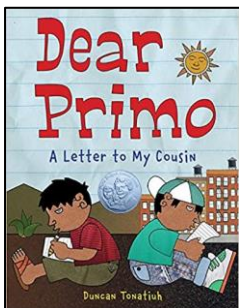
They, She, He, Easy as ABC by Maya Christina Gonzalez | Matthew Sg

They, She, He easy as ABC shows that including everyone is all part of the dance. It's easy. It's fundamental. As the dance begins the kids proclaim, "No one left out and everyone free," in a sing-song rhyme about inclusion. This sets the stage for readers to meet 26 kids showing us their dance moves.

"**A**ri loves to arabesque. **T**hey hold their pose with ease.

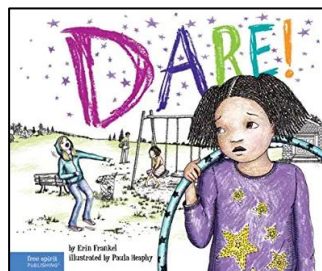
Brody is a break dancer. **B**rody loves to freeze." Inclusive pronouns are learned alongside the alphabet in this joyously illustrated take on the classic ABC book.





Dear Primo: A Letter to My Cousin by Duncan Tonatiuh

Meet Charlie and Carlitos. Charlie lives in America. Carlitos, his primo, lives in Mexico. Charlie takes the subway to school, plays basketball with his friends, and loves pizza. Carlitos rides his bicicleta to school and enjoys playing fútbol at recess, and his favorite meal is quesadillas. Their lives appear different, but do Charlie and Carlitos have more in common than it seems? Young readers are introduced to a very timely idea—that community is larger than just neighborhoods and schools.



Dare (The Weird! Series) by Erin Frankel

Jayla feels threatened by her classmate Sam who has bullied her in the past for her nerdy love of astronomy and stars. Sam is now bullying Jayla's friend Luisa and she enlists Jayla to participate. Jayla reluctantly joins in, but soon realizes it is wrong. With the help of caring adults and friends Jayla comes to sympathize with Luisa and finds the courage to dare to stand up to Sam and put an end to the bullying. Compassion make her larger than life.



We are Water Protectors by Carol Lindstrom

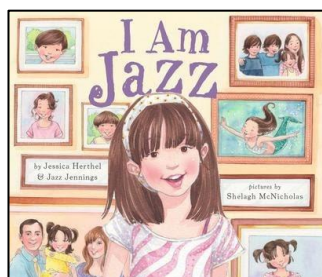
Water is the first medicine.

It affects and connects us all...

When a black snake threatens to destroy the Earth

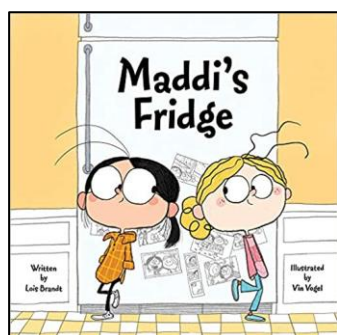
And poison her people's water, one young water protector

Takes a stand to defend Earth's most sacred resource.



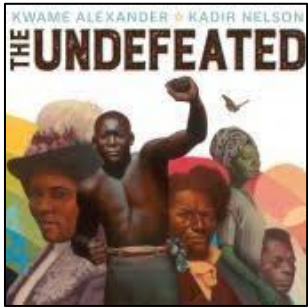
I am Jazz by Jessica Herthel and Jazz Jennings

From the time she was two years old, Jazz knew that she had a girl's brain in a boy's body. She loved pink and dressing up as a mermaid and didn't feel like herself in boys' clothing. This confused her family, until they took her to a doctor who said that Jazz was transgender and that she was born that way. Jazz's story is based on her real-life experience and she tells it in a simple, clear way that will be appreciated by picture book readers, their parents, and teachers.



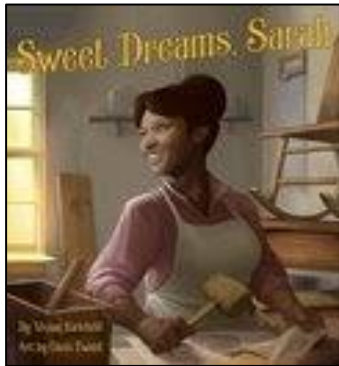
Maddi's Fridge by Lois Brandt

Best friends Sofia and Maddi live in the same neighborhood, go to the same school, and play in the same park, but while Sofia's fridge at home is full of nutritious food, the fridge at Maddi's house is empty. Sofia learns that Maddi's family doesn't have enough money to fill their fridge and promises Maddi she'll keep this discovery a secret. But because Sofia wants to help her friend, she's faced with a difficult decision: to keep her promise or tell her parents about Maddi's empty fridge. Filled with colorful artwork, this storybook addresses issues of poverty with honesty and sensitivity while instilling important lessons in friendship, empathy, trust, and helping others.



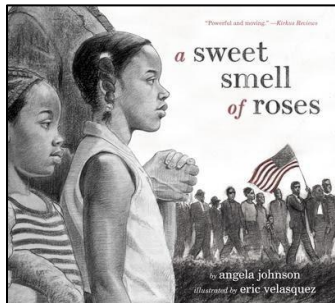
The Undeclared by Kwame Alexander, Illustrated by Kadir Nelson

Originally performed for ESPN's The Undeclared, this poem is a love letter to black life in the United States. It highlights the unspeakable trauma of slavery, the faith and fire of the civil rights movement, and the grit, passion, and perseverance of some of the world's greatest heroes, offering deeper insights into the accomplishments of the past, while bringing stark attention to the endurance and spirit of those surviving and thriving in the present. Robust back matter at the end provides valuable historical context and additional detail for those wishing to learn more.



Sweet Dreams, Sarah: From Slavery to Inventor by Vivian Kirkfield

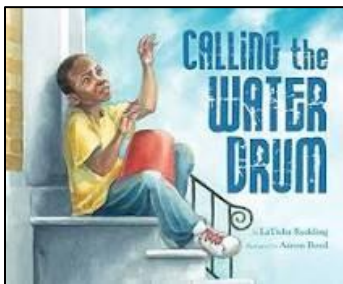
Sarah E. Goode was one of the first African-American women to get a US patent. Working in her furniture store, she recognized a need for a multi-use bed and through hard work, ingenuity, and determination, invented her unique cupboard bed. She built more than a piece of furniture. She built a life far away from slavery, a life where her sweet dreams could come true.



A Sweet Smell of Roses by Angela Johnson and Eric Velazquez

There's a sweet, sweet smell in the air as two young girls sneak out of their house, down the street, and across town to where men and women are gathered, ready to march for freedom and justice.

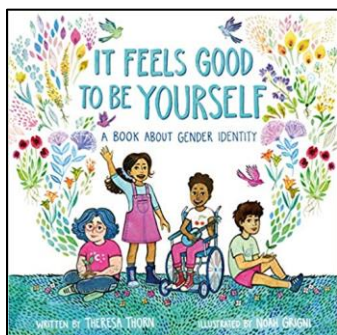
Inspired by the countless young people who took a stand against the forces of injustice, two Coretta Scott King Honorees, Angela Johnson and Eric Velazquez, offer a stirring yet jubilant glimpse of the youth involvement that played an invaluable role in the Civil Rights movement. Sweet, and Raúl the Third.



Calling the Water Drum by LaTisha Redding | Aaron Boyd

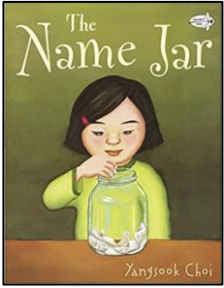
Henri and his parents leave their homeland, Haiti, after they receive an invitation from an uncle to come to New York City. Only able to afford a small, rickety boat, the family sets out in the middle of the night in search of a better life. Out at sea Henri dreams of what life will be like "across the great waters."

Calling the Water Drum is a tender and beautiful tale.



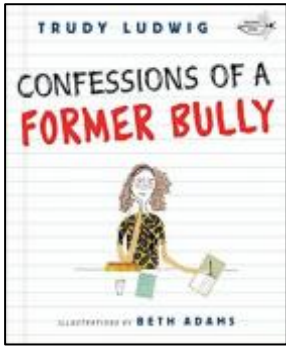
It Feels Good to Be Yourself: A Book About Gender Identity by Theresa Thorn | Noah Grigni

A picture book that introduces the concept of gender identity to the youngest reader from writer Theresa Thorn and illustrator Noah Grigni. Some people are boys. Some people are girls. Some people are both, neither, or somewhere in between. This sweet, straightforward exploration of gender identity will give children a fuller understanding of themselves and others. With child-friendly language and vibrant art, *It Feels Good to Be Yourself* provides young readers and parents alike with the vocabulary to discuss this important topic with sensitivity.



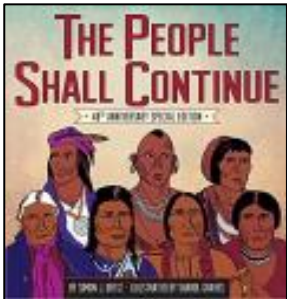
The Name Jar by Yangsook Choi

Having just moved from Korea, Unhei is anxious that American kids will like her. So instead of introducing herself on the first day of school, she tells the class that she will choose a name by the following week. Her new classmates are fascinated by this no-name girl and decide to help out by filling a glass jar with names for her to pick from. But while Unhei practices being a Suzy, Laura, or Amanda, one of her classmates comes to her neighborhood and discovers her real name and its special meaning, Unhei chooses her own Korean name and helps everyone pronounce it—Yoon-Hey.



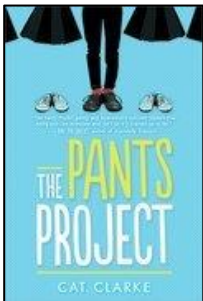
Confessions of A Former Bully By Trudy Ludwig

After Katie gets caught teasing a schoolmate, she's told to meet with Mrs. Petrowski, the school counselor so she can make right her wrong and learn to be a better friend. Bothered at first, it doesn't take long before Katie realizes that bullying has hurt not only the people around her, but her as well. Told from the unusual point of view of the child engaging in the bullying rather than the target, the book provides children with real life tools they can use to understand, identify and do something about bullying.



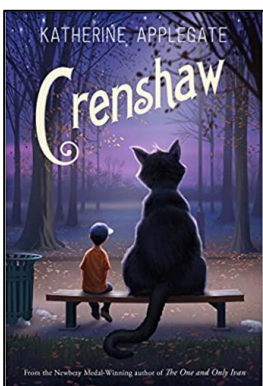
The People Shall Continue by Simon J. Ortiz

Told in the rhythms of traditional oral narrative, this powerful telling of the history of the Native/Indigenous peoples of North America recounts their story from Creation to the invasion and usurpation of Native lands. As more and more people arrived, The People saw that the new men did not respect the land. The People witnessed the destruction of their Nations and the enslavement of their people. The People fought hard, but eventually agreed to stop fighting and signed treaties. The People held onto their beliefs and customs and found solidarity with other oppressed people. And despite struggles against greed, destruction of their lands, and oppression, The People persisted.



The Pants Project by Cat Clark

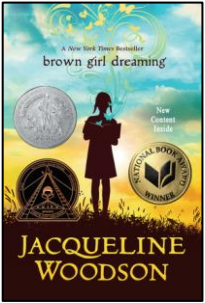
Liv knows he was always meant to be a boy, but he hasn't told anyone - even his two moms yet. Now, his new school has a terrible dress code, he can't even wear pants. Only skirts. The only way for Liv to get what he wants is to go after it himself. But to Liv, this isn't just a mission to change the policy—it's a mission to change his life.



Crenshaw by Katherine Applegate

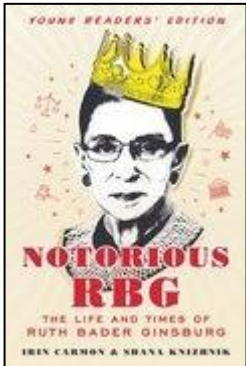
An unforgettable and magical story about family, friendship, and resilience. Jackson and his family have fallen on hard times. There's no more money for rent. And not much for food, either. His parents, his little sister, and their dog may have to live in their minivan. Again. Crenshaw is a cat. He's large, he's outspoken, and he's imaginary. He has come back into Jackson's life to help him. But is an imaginary friend enough to save this family from losing everything?





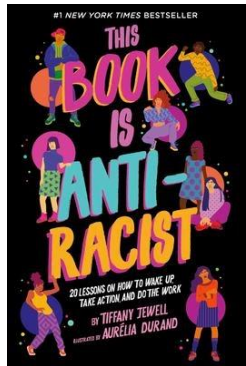
Brown Girl Dreaming by Jacqueline Woodson

In vivid poems, Jacqueline Woodson shares what it was like to grow up as an African American in the 1960s and 1970s, living with the remnants of Jim Crow and her growing awareness of the Civil Rights movement. Touching and powerful, each poem is both accessible and emotionally charged, each line a glimpse into a child's soul as she searches for her place in the world. Woodson's eloquent poetry also reflects the joy of finding her voice through writing stories, despite the fact that she struggled with reading as a child.



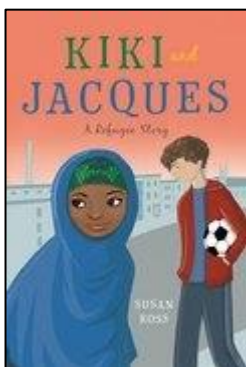
Notorious RBG Young Readers' Edition: The Life and Times of Ruth Bader Ginsburg by Irin Carmon | Shana Knizhnik

Supreme Court Justice Ruth Bader Ginsburg was an icon to millions. Her tireless fight for equality and women's rights inspired not only great strides in the workforce but impacted the law of the land. This accessible biography of this fierce woman, detailing her searing dissents and powerful jurisprudence, is a keeper. As School Library Journal* noted, "This version shares the same knockout formatting as the adult edition: a plethora of photographs and images leaving nary a page unadorned."



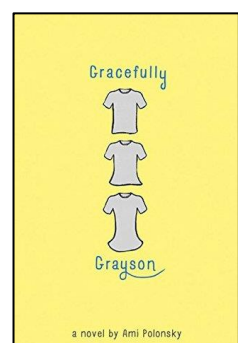
This Book is Anti-Racist by Tiffany Jewell

Who are you? What is racism? Where does it come from? Why does it exist? What can you do to disrupt it? Learn about social identities, the history of racism and resistance against it, and how you can use your anti-racist lens and voice to move the world toward equity and liberation. Gain a deeper understanding of your anti-racist self. This book sparks introspection, reveals the origins of racism that we are still experiencing, and gives you the courage and power to undo it. Each lesson builds on the previous one as you learn more about yourself and racial oppression. An activity at the end of every chapter gets you thinking and helps you grow with the knowledge. All you need is a pen and paper.



Kiki and Jacques by Susan Ross

Eleven-year-old Jacques's mother has passed away, his father is jobless and drinking again and his grandmother's bridal store is on the verge of going out of business. At least Jacques can look forward to the soccer season. After all, he's a shoe-in for captain. But the arrival of Somali refugees shakes up nearly everything in Jacques's Maine town, including the soccer team. So Jacques is surprised to find himself becoming friends with Kiki, a cheerful and strong-minded Somali immigrant. Despite their many differences they help one another triumph over problems with friends, family and growing up.



Gracefully Grayson by Ami Polonsky

What if who you are on the outside doesn't match who you are on the inside? Grayson Sender has been holding onto a secret for what seems like forever: "he" is a girl on the inside, stuck in the wrong gender's body. The weight of this secret is crushing, but sharing it would mean facing ridicule, scorn, rejection, or worse. Despite the risks, Grayson's true self itches to break free. Will new strength from an unexpected friendship and a caring teacher's wisdom be enough to help Grayson step into the spotlight she was born to inhabit?



BOOK PICKS FOR ADULTS

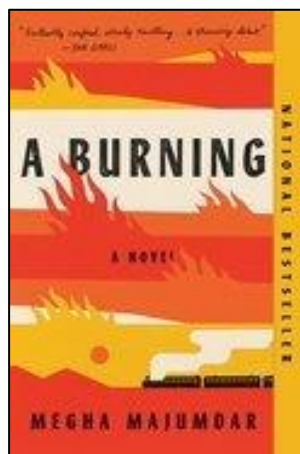
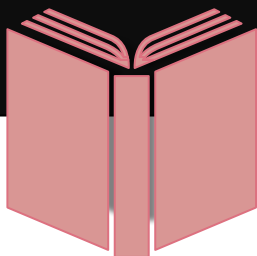
Complete list of Dialogue & Drinks Book Choices:

2017 - 2018 Dialogue & Drinks

2018 - 2019 Dialogue & Drinks

2019 - 2020 Dialogue & Drinks

2020 - 2021 Dialogue & Drinks



A Burning By Megha Majumdar

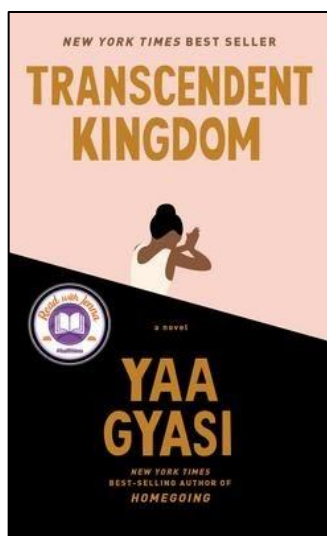
Jivan is a Muslim girl from the slums, determined to move up in life, who is accused of executing a terrorist attack on a train because of a careless comment on Facebook. PT Sir is an opportunistic gym teacher who hitches his aspirations to a right-wing political party and finds that his own ascent becomes linked to Jivan's fall. Lovely—an irresistible outcast whose exuberant voice and dreams of glory fill the novel with warmth and hope and humor—has the alibi that can set Jivan free, but it will cost her everything she holds dear.

Nice White Parents

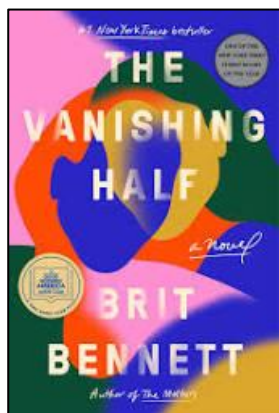


Nice White Parents Podcast

If you want to understand what's wrong with our public schools, you have to look at what is arguably the most powerful force in shaping them: white parents. A five-part series from the makers of Serial and The New York Times. Hosted by Chana Joffe-Walt.

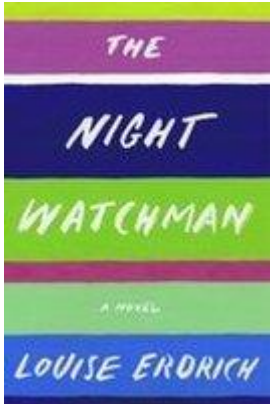
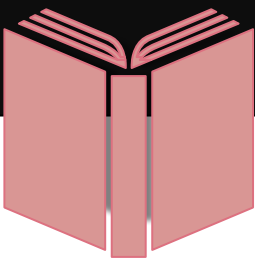


Transcendent Kingdom by Yaa Gyasi: Gifty is a sixth-year PhD candidate in neuroscience studying reward-seeking behavior in mice and the neural circuits of depression and addiction. Her brother, Nana died of a heroin overdose after an ankle injury left him hooked on OxyContin. Her suicidal mother is living in her bed. Gifty is determined to discover the scientific basis for the suffering she sees all around her. She finds herself hungering for her childhood faith and grappling with the evangelical church in which she was raised, whose promise of salvation remains as tantalizing as it is elusive.



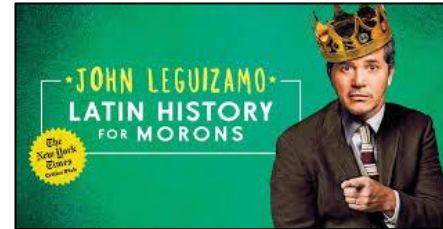
The Vanishing Half by Brit Bennet: The Vignes twin sisters will always be identical. But after growing up together in a small, southern black community and running away at age sixteen, it's not just the shape of their daily lives that is different as adults, it's everything: their families, their communities, their racial identities. Many years later, one sister lives with her black daughter in the same southern town she once tried to escape. The other secretly passes for white, and her white husband knows nothing of her past. Still, even separated by so many miles and just as many lies, the fates of the twins remain intertwined. What will happen to the next generation, when their own daughters' storylines intersect?





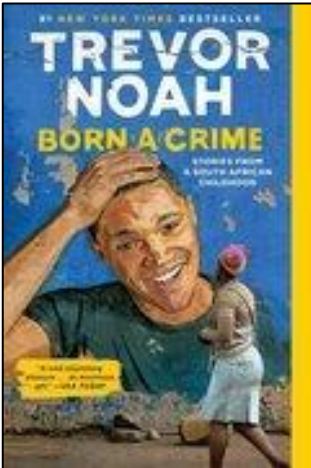
The Night Watchman by Louise Erdrich

Based on the extraordinary life of National Book Award-winning author Louise Erdrich's grandfather who worked as a night watchman and carried the fight against Native dispossession from rural North Dakota all the way to Washington, D.C., this powerful novel explores themes of love and death with lightness and gravity and unfolds with the elegant prose, sly humor, and depth of feeling of a master craftsman.



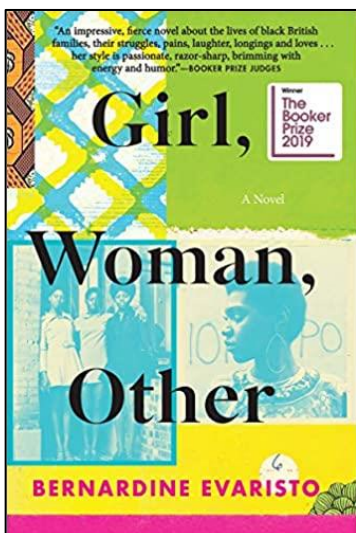
John Leguizamo's History for Morons:

This one man show by John Leguizamo, is inspired by the near total absence of Latinos from his son's American history books. John Leguizamo embarks on an outrageously funny, frenzied search to find a Latin hero for his son's school history project. Leguizamo breaks down the 3,000 years between the Mayans and Pitbull into 110 irreverent and uncensored minutes above and beyond his unique style.



Trevor Noah: Born a Crime by Trevor Noah

Trevor Noah's unlikely path from apartheid South Africa to the desk of *The Daily Show* began with a criminal act: his birth. Trevor was born to a white Swiss father and a black Xhosa mother at a time when such a union was punishable by five years in prison. Trevor was kept mostly indoors for the earliest years of his life, bound by the extreme and often absurd measures his mother took to hide him from a government that could, at any moment, steal him away. Liberated by the end of South Africa's tyrannical white rule, Trevor and his mother set forth on a grand adventure, living openly and freely and embracing the opportunities won by a centuries-long struggle.



Girl, Woman, Other by Bernardine Evaristo: The twelve central characters of this multi-voiced novel lead vastly different lives: Amma is a newly acclaimed playwright whose work often explores her Black lesbian identity; her old friend Shirley is a teacher, jaded after decades of work in London's funding-deprived schools; Carole, one of Shirley's former students, is a successful investment banker; Carole's mother Bummi works as a cleaner and worries about her daughter's lack of rootedness despite her obvious achievements. From a nonbinary social media influencer to a 93-year-old woman living on a farm in Northern England, these unforgettable characters also intersect in shared aspects of their identities, from age to race to sexuality to class.





READING RESOURCES



A Guide to Selecting Anti-Bias Children's Books

Schomburg Center Black Liberation Reading List

Libby: An online book resource

NYPL simplyE free resource for books online

Brooklyn Public Library Summer Reading Program

Lee and Low's Diverse Summer Reading List

Storyline: Celebrated Actors Reading Children's Books

Check out this comprehensive list of Anti-Racism Books

Anti Racism Daily's Bookstore's children's books that celebrate diverse stories.

Lee and Low Checklist: 8 Steps to Creating a Diverse Book Collection

Thems Health Book List. Children's books on the exploration of gender, identity, and sexuality

Queer Reading List for young adults)

Epic: Start a Conversation About Race

We Need Diverse Books

Coretta Scott King Book Award Winners

Anti-Racist Book List for All Ages

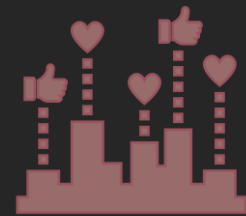
Here Wee Read's 2021 Book List

NYC Black Owned Bookstores

Join the PS39 Book Swap!
K/1st, 2nd/3rd, 4th/5th



CELEBRATE CULTURE



We are lucky to live in a city that celebrates cultural diversity and makes it easy for us to learn about the richness of the people and communities that make up our city—and have fun while doing so!

This summer, take some time to share the experience of exploring history and cultures different from your own.

Urban Archive

<https://www.urbanarchive.nyc/>

Chock full of digital resources to explore in partnership with 40 museums, cultural organizations, and government agencies. The archive offers a seemingly endless collection of curated historic images and their histories.

The Brooklyn Museum

<https://www.brooklynmuseum.org/>

Collections Include American art, Egyptian, classical, Ancient Near Eastern art, feminist, European and art of the Pacific Islands. Museum admission is free the first Saturday of every month.

The New York Historical Society

<https://www.nyhistory.org/exhibitions/online-exhibitions>

Museum of the City of New York

<https://www.mcny.org/exhibition/mcny-unlimited>

Governor's Island Arts & Culture Events

<https://www.govisland.com/>

At Home Heroes: An Homage to Parenting During the Pandemic: Dumbo

<https://dumbo.is/celebrating-at-home-heroes>



Noguchi Museum

<http://www.noguchi.org/>

Works by Japanese-American sculptor Isamu Noguchi.

Brooklyn Historical Society

<https://www.brooklynhistory.org/public-programs/>

Leslie Lohman Museum of Gay and Lesbian Art

<https://www.leslielohman.org/>

Mmuseumm:

<https://www.mmuseumm.com/>

Here you can peruse unusual items such as ISIS currency, personal objects of immigration and much more.

The Tenement Museum

<https://www.tenement.org/experience-the-museum-from-home/>

Explore the "Your Story, Our Story" project. To expand on the PS 39 Pilot project, explore stories from across the country and see the similarities and differences you find between your story and others'. Join in further telling and exploring the story of American immigration and migration.

<https://yourstory.tenement.org/>

Go Africa Street Festival in Harlem:

7/10/21: <http://goafricaharlem.org/>

Socrates Sculpture Park

<https://socratessculpturepark.org/artist/guadalupe-maravilla/>

Guadalupe Maravilla's "Planeta Abuelx," rooted in ancestral and Indigenous practices of holistic healing.

The Studio Museum in Harlem

<https://studiomuseum.org/exhibitions-events>

Presents a wide range of educational resources and public programs that bring the Museum's mission and exhibitions to life with offerings that encourage public engagement and access to art and artists of African descent.

El Museo del Barrio

<http://www.elmuseo.org/>

In a partnership with the New York Latino Film Festival, each week El Museo del Barrio will feature shorts, films, and documentaries from the fest on its website.

Ellis Island Museum

<https://www.nps.gov/elis/index.htm>

Tours by boat from Battery Park in Manhattan or Liberty State Park in Jersey city, New Jersey; immigration experience and history of immigrants.

Museum of Reclaimed Urban Space: MoRUS

<http://www.morusnyc.org/>

As a living history of urban activism celebrates the local activists who transformed abandoned spaces and vacant lots into vibrant community spaces and gardens.

Museum of Chinese in America

<http://www.mocanyc.org/>

The Museum of Chinese in America (MOCA) is dedicated to preserving and presenting the history, heritage, culture and diverse experiences of people of Chinese descent in the United States.

Brooklyn Resists

<https://www.bklynlibrary.org/brooklyn-resists>

Brooklyn Resists is on display, through late September, at the Center for Brooklyn History on the corners of Pierrepont and Clinton streets.





Event Round-Ups

NYC Parks Free Summer Activities

<https://www.nycgovparks.org/highlights/free-summer-activities-for-kids>

Open Culture and Open Boulevards

<https://www1.nyc.gov/html/dot/html/pedestrians/openboulevards.shtml>

Trombone Shorty at Celebrate Brooklyn!

<https://www.bricartsmedia.org/events-performances/bric-celebrate-brooklyn-festival/trombone-shorty-orleans-avenue-0>

Art and Event Calendar

<https://www.nycgo.com/things-to-do/events-in-nyc/art-calendar>



The Great Outdoors

Go on a Nature Scavenger Hunt

schlitzaudubon.org/nature-from-home

Play Bird Bingo in Prospect Park!

www.prospectpark.org

Day Hikes/Local Adventures

<https://parks.ny.gov/parks/shirleycisholm/details.aspx> or
<https://saltmarshalliance.org/>

Kid-Friendly Hiking

<https://redtri.com/new-york/5-kid-friendly-hiking-trails-with-mind-blowing-views>

Visit Greenwood Cemetery

<https://www.green-wood.com/learning-resources/>

Open from 7am - 7pm. And don't forget their **Scavenger Hunt!**

Try Something Creative with Paint

Try **hydro dipping**, **fluid art** or **tie dying**.

Make your own Carnival!

<https://www.carnivalsavers.com/freebootideas.html>

Backyard Science Experiments

<https://www.discoveryworld.org/discover-y-world-home/>

Take walks

Lots of them. Explore neighborhoods you haven't been to. Look at buildings you've never noticed before!



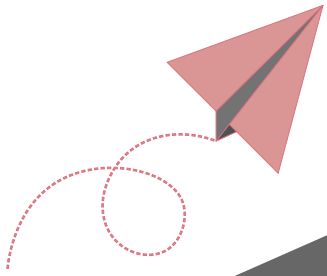


- Walk to a friend's house and say "Hi!"
- Write a letter to a grandparent, camp friend, school friend, or relative
 - Write a note in chalk in front of friends' houses
- Read a book aloud outside kids' houses (Parents can do this too)
- Go on a Rainbow Hunt: Find posted inside neighborhood windows
 - Go on a Printable Scavenger Hunt
- Turn a friend into a pen pal: Write letters to each other!
- Create Kindness Rocks: Collect Rocks and paint messages of kindness on them and leave them for friends or in the PS39 Rock Garden!
 - Have a book swap: Do this with just one friend or in a group.
K/1st, 2nd/3rd, 4th/5th
- Use Walkie Talkies to talk to friends close by!
- Create a baking challenge ala Nailed It!! Find a picture of a baked item and try to recreate it!
 - Have lunch with friends!
 - Visit Drag Queen Story Hour!
 - Make a Time Capsule
 - Create a Kindness Chart
- And Of course, connect with your community with Ms. Reyes' AOK Missions!

And, here are 18 More Ways to Get Kids Outside!



SUMMER PROGRAMMING



Podcasts

Brains On! A Podcast for Kids & Curious Adults

<https://www.brainson.org/>

Ear Snacks. A musical podcast for kids about the world

<https://www.earsnacks.org/>

But Why: A Podcast For Curious Kids

<https://www.npr.org/podcasts/474377890/but-why-a-podcast-for-curious-kids>

Free & Low Cost Summer Camps

<https://growingupnyc.cityofnewyork.us/summer/>

<https://mommypoppins.com/ny-kids/free-and-cheap-summer-camps>

Metropolitan Opera Free Summer Camp

<https://www.metopera.org/discover/education/global-summer-camp/2021/>

Varsity Summer Camps

<https://www.varsitytutors.com/virtual-summer-camps?fbclid=IwAR327wZ8wveaAsgAoL4SOY0Z9tDNw5Z4NuxAdpX9U3DdsdStgzWddz8LmnQ>

**Storytelling
Drag Queen Story Hour**

<https://www.dragqueenstoryhour.org/#events>

Music

NY PopsUp

<https://www.nypopsup.com/>

Celebrate Brooklyn!

<https://www.bricartsmedia.org/bric-celebrate-brooklyn-festival>

Summerstage is Back!

<https://cityparksfoundation.org/summerstage/>

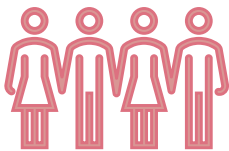
Don't Skip this Resource!

Wide Open School

This is an incredible Resource for EVERYTHING -- Academics, Emotional Wellbeing, Learning Differences, English Language Learners, Social Studies and so much more.

<https://wideopenschool.org/programs/family/PreK-5/>

COMMUNITY ACTION



Here are a few recommendations for organizations who support community action:

Support the [Undocumented Workers' Fund](#)

Support any number of [Bail Funds](#)

[Equal Justice Initiative](#)

[Teaching Tolerance](#)

[NAACP](#)

[The Conscious Kid](#)

[Embrace Race](#)

[SURJ NYC](#)

[Black Women's Blueprint](#)

[Shop Local](#), [Black Owned](#) Stores and Check Out [Black Owned Brooklyn](#)

[Color of Change](#): Do something real about Injustice

[Local Food Pantries in need of Volunteers and Donations:](#)

- ❖ Camp Friendship
- ❖ SCO Food Pantry
- ❖ CHIPS
- ❖ Brooklyn Museum
- ❖ Roots Café

REASONS TO SUPPORT YOUR COMMUNITY



CHARITY WORK CAN HELP OTHERS LEARN

Do you have skills that you take for granted? You can teach parents how to cook nutritious meals and reduce their food expenses. Better yet, teach the basics of nutrition to families and help teenagers learn to cook. These skills will last a lifetime and provide health benefits, too. Charity work for volunteers who can teach teenagers and adults new career skills is always in demand.



CHARITY WORK CAN GIVE YOU A NEW PERSPECTIVE

Working with at-risk youth who may be most susceptible to harm in these economic times will certainly give you perspective. Budget cuts are hitting public schools in nearly every state as teachers face yet another year of layoff notices. Non-profit organizations that serve elementary, middle school and high school students need all the volunteers they can get as they strive to provide a continuity of service for parents and their children.



CHARITY WORK TEACHES HUMILITY

Volunteer one day a week to take notes for a college student, who happens to be in a wheelchair, and you will be inspired by her, observe the drive and motivation she brings forth to meet her daily challenges, and you learn humility. Teach a third grader to read smoothly and with expression. Watch his face as he grasps what you tell him in an Oh, now I get it ah-ha moment. This young student will also teach you humility.



CHARITY WORK CAN INSPIRE OTHERS

When Jennifer Goodman Lin, a cancer survivor who was treated at Memorial Sloan-Kettering Cancer Center, started Cycle for Survival in New York in 2007, she could not imagine how it would grow in just four years. Her personal story and fund raising program to fight rare cancers inspired so many people to get involved that indoor cycling teams in 2011 took part from Chicago, San Francisco and other satellite locations.



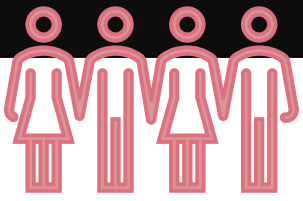
IN CHARITY WORK, YOU CAN LEARN A NEW SKILL

If you are a member of a team organizing fund raising events for a local community organization, you learn to work on a team toward a common goal.



Once mastered, the ability to understand and fulfill your role and communicate effectively with others to accomplish a project stays with you.





Brooklyn Book Bodega

The mission of Brooklyn Book Bodega is to increase the number of 100+ book homes for kids 0-18 in NYC

<https://www.brooklynbookbodega.org/>

Citizen Squirrel

Based in Bklyn, Citizen Squirrel inspires families with young kids to participate in community

<https://www.facebook.com/CitizenSquirrel/>

Center for Racial Justice Trainings

<http://centerracialjustice.org/register-for-a-training/>

BPL Summer Reading Program

<https://www.bklynlibrary.org/summer-reading>

The 6 Step Process Toward Social Action Projects

<http://www.teachpeacenow.org/takingaction.html>

Planned Parenthood: Talking to Kids About Gender Identity

<https://www.plannedparenthood.org/learn/parents/identity>

Take Action!

Check out the [Kids in Action Guide](https://www.teamup4community.org/files/pdfs/resources/kids-in-action-guide.pdf)! This guide is like a road map kids can follow.

<https://www.teamup4community.org/files/pdfs/resources/kids-in-action-guide.pdf>

And some more ways to volunteer

<https://www.newyorkcares.org/ways-to-volunteer>



Resources

Movement for Black Lives

The Problem With Kindness: **SEL & the Death of George Floyd**

Non-Black Folks Can Self Educate and Practice Direct Action: **A Working List**

13 Ways to Show up as **Anti-Racist**

List of **Resources**: How to Dismantle Systemic Racism

Check out **Jane Elliot**

Check out the Fantastic **Minor Collective**

Black Lives Matter: **Now What?**

103 things White People Can do for Racial Justice

National Museum of African American History and Culture: **Talking about Race**

Read or **listen to The 1619 Project**

Act To Change: **Solidarity Resources**

New Victory Theater has launched a **New Website** with free performance art-based resources

The New York Times' **Interactive Stories and Projects on Race**

When Kids March: **A View From a Local Teacher**

PSP: **Understanding Race in Today's Times**

This **Paradigm Shift** Could Stop Racism: Robin D'Angelo

A Conversation on Race: A series of Short Films About Identity in America
A Friend Shared Their Journey Regarding Racism and Whiteness: **And Lots and Lots of Resources**

Events and Talks

The Brown Bookshelf Rally Recording
Please Watch: Author **Kimberly Jones**
"How Can You Win?" **Video**

TED Talks: Ibram X. Kendi: The Difference Between Being Not Racist and Anti-Racist
Solidarity Convos: **Asian Americans and Pacific Islanders for Black Lives**

PBS Special Event: Talking to Children Authentically About Race and Racism
CNN/Sesame Street **Town Hall on Racism**

Embrace Race Seminar: How to Make Sure I'm Not Raising the Next Amy Cooper. (Original Article **Here**)

Author **Jason Reynolds** Talks About Racism and Protests: Audio

Race Forward's Building Racial Equity Virtual Training Series

John Oliver on **Defunding the Police**
DoNYC's **Virtual Workshops** and **Events** on Racial Equity and Solidarity

We continue adding resources like these to our D&I PADLET regularly!



Gun Violence and Safety

- [Spark and Stitch Institute:](#) Provides age-by-age advice on how to process violence
- [Giffords:](#) Giffords is fighting to end the gun lobby's stranglehold on our political system. We're daring to dream what a future free from gun violence looks like. We're going to end this crisis, and we're going to do it together.

Allyship

- [Anti-Racism Daily:](#) A Daily email to dismantle white supremacy. (It's really fantastic)
- Let's also Talk to our Kids [About Microaggressions](#)

Mental and Emotional Health [NYC Well](#)

NYC Well is your connection to free, confidential mental health support. Speak to a counselor via phone, text, or chat and get access to mental health and substance use services, in more than 200 languages, 24/7/365.

Systemic Racism

[Resource Roundup for Talking to Kids about Racism](#)

The Center for Racial Justice's [Resource Guide](#) and [Guide](#) to Talking to Kids About Race

100 Race-Conscious Things To [Say to your Child](#) to Advance Racial Justice
[Unpacking White Privilege and Raising Anti-Racist Children](#)
[Center for Racial Justice in Education](#)

Transgender Rights

- [GLSEN:](#) LGBTQ+ Youth advocacy network providing support to students
- [Gender and Family Project at Ackerman Institute for the Family:](#) Clinic providing therapy, support groups and educational resources and trainings for LGBTQ+ youth and families
- Planned Parenthood [Talking to Kids About Gender Identity](#)

AAPJ Support

[Asian Americans Advancing Justice](#)

Diversity in NYC Education Plans

[Integrate NYC](#)

A youth run organization that stands for integration and equity in NYC schools.

Learning Differences

[How to Teach Children About Disabilities and Inclusion](#)

We continue adding resources like these to our [D&I PADLET](#) regularly!





READING CHALLENGE



WHAT TO READ:

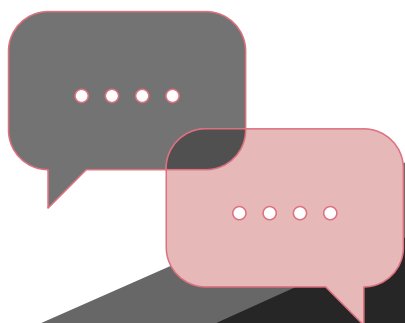
- Read an ebook
- Read a comic book
- Read a mystery
- Read a recipe
- Read a window book
- Read a mirror book
- Read a recipe
- Read a poem
- Read a "how-to" book
- Read a biography
- Read a joke book
- Read close captioning on TV
- Read a magazine
- Read song lyrics

HOW TO READ:

- Read with a flashlight
- Read to a parent
- Read to a sibling/pet/friend/
- Read outside
- Read to a grandparent
- Read to a neighbor
- Read to a baby
- Read at the library
- Whisper Read

Challenge yourself with some new ways to approach reading! Do any or ALL of these challenges over the Summer! Post your progress to the Summer Challenge Padlet.

KINDNESS CHALLENGE



Don't forget to post your progress to the Summer Kindness Challenge Padlet!

#30Days of Kindness Challenge

Day 1 leave uplifting notes with sidewalk chalk	Day 16 sign petitions together: bit.ly/BHFPetition
Day 2 play FreeRice.com & feed the hungry	Day 17 offer to pick up groceries for a neighbor
Day 3 leave a thank you for the trash collector	Day 18 leave a thank you for your mail carrier
Day 4 donate favorite books to the library	Day 19 read a big-hearted book & discuss
Day 5 print & use at dinner: bit.ly/PithyPlacemat	Day 20 create art and send to ColorASmile.org
Day 6 give 3 honest compliments	Day 21 offer to house-sit for a neighbor on a trip
Day 7 count stuffed animals & donate that many quarters to an animal shelter	Day 22 hang homemade birdfeeders
Day 8 send a thank you note to a family friend	Day 23 write a kind story: bit.ly/BHFStoryStarter
Day 9 spend time with your (or a friend's) pet	Day 24 decorate a food shelf donation box
Day 10 write a poem and give it to your teacher	Day 25 count the items in your fridge & donate that many quarters to your donation box
Day 11 leave popcorn near a Redbox	Day 26 add food shelf donations to shopping list
Day 12 write an inspirational letter & leave it in your community	Day 27 pay for the person behind you in line
Day 13 bake & share with neighbors	Day 28 drop off donations at local food shelf
Day 14 teach tolerance over breakfast: bit.ly/dgteggs	Day 29 tape quarters to a vending machine
Day 15 play educational games at EcoKids.ca	Day 30 brainstorm kindness/service ideas you'd like to try next!

Visit us for more SIMPLE tools to grow BIG hearts!
DoingGoodTogether.org/BigHeartedFamilies

Supplies you'll need for the month

(click image)

- Printed copy of either version of the #30Days of Kindness Challenge Printed copy of the Kindness Labels
- Sidewalk chalk
- Outgrown books (for donations)
- Simple card-making supplies (construction paper, makers, crayons, etc.)
- Spare quarters
- Microwave popcorn
- Birdseed
- Spare box

And Remember, Ms. Reyes' AOK Missions are a lifestyle, not a project

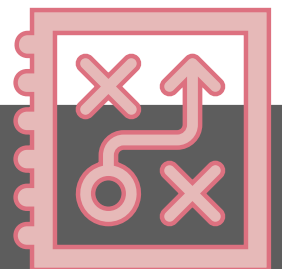
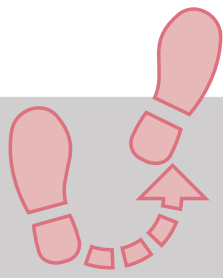


WEEKLY CHALLENGE

Check out the activities below for fun ways to keep your learning skills sharp, your curiosity peaking, and your body moving!

Don't forget to post your progress to the [Summer Challenge Padlet](#)!

- **Week 1 (July 5-11)** We challenge you to Read! Choose 1 of the items from the [Reading Challenges](#)
- **Week 2 (July 12-18)** We challenge you to Explore! Choose one [Celebrating Culture](#) experience.
- **Week 3 (July 19-25)** We challenge you to a Scavenger Hunt! Send your artifact photos from the "Great Outdoors" [Nature Scavenger Hunt on padlet](#).
- **Week 4 (July 26- Aug 1)** We challenge you to Create! Pick an activity from [STEM Hands On Learning Activities](#) or make your own upcycled clothing design and share your creation on [padlet](#).
- **Week 5 (Aug 2-8)** We challenge you to go Camping! Pitch a tent in a park or even make a fort out of pillows and blankets in your bedroom. Make s'mores and submit your favorite ghost story on [padlet](#).
- **Week 6 Aug 9-15** We challenge you to Remember! Create a time capsule to capture the summer of 2020!
- **Week 7 (Aug 16-23):** Volunteer! Get out in the community and help where help is needed!
- **Week 8 (August 24-29):** We challenge you to Celebrate! The summer is almost over, so dance, flip, and sing! Post a picture on [padlet](#) of how you're celebrating the end of Summer.
- **Week 9(Aug 30 - Sept 5)** Do a craft activity that focuses on the different physical features of people from different countries. The [People Shapes Project Kit](#) is a perfect guide!
- **Week 10 (September 6-September 12)** Eat or cook food from another country! [Here](#) are some ideas!





MINDFULNESS AND WELLNESS



Five Senses Exercise:

A Mindfulness Practice for Families in engaging our senses helps us focus on the present moment.

Notice how you and your child are feeling as you begin. Then, together with your child:

- Notice five things that you can see. Look around you. Notice and name five things that you can see.
- Notice four things that you can feel. Tune in to your sense of touch. Notice and describe the texture of four things you can touch.
- Notice three things you can hear. Listen carefully. Notice and name three sounds you hear in your environment.
- Notice two things you can smell. Notice and name two smells you recognize.
- Notice one thing you can taste. Focus and name one thing that you can taste right now. You can take a sip or bite of something, or simply notice the current taste in your mouth.

How are you and/or your child feeling now? Do you feel more connected to your surroundings and the present moment?

SOCIAL EMOTIONAL LEARNING



A Parent's Guide to Social and Emotional Learning

SOCIAL & EMOTIONAL LEARNING

Development of the knowledge, behaviors, and perspectives needed to understand and manage emotions, get along with others, make responsible choices, and achieve one's goals



EQUITY IN EDUCATION

Equitable access to a high-quality education, including rigorous coursework and exceptional teachers, regardless of gender, race, ethnicity, language, disability, background, or family income



CONNECTING WITH *kids*

A step by step guide to effective emotion coaching.

What to do for YOUR CHILD

1. Become aware of your child's feelings.

Only 7% of a person's communication comes from words. Pay extra attention to their non-verbals!

- Observe body language and behaviour.
- Note the tone of voice.
- Listen to their words.

3. Connect through empathy.

Soothing words and affection are great ways to show you care.



4. Encourage your child to talk about their feelings and listen without judgment.

- Allow them to speak.
- Use open ended questions to encourage sharing.
- Seek clarification.
- Paraphrase.

6. Help them name their emotions and show you understand.

Naming emotions helps kids identify each different feeling they experience. This helps them understand themselves better.

7. Help your child problem solve.

- Use open ended questions to provoke thought & discussion.
- Help them expand their thinking to take other people's feelings into account.
- Set limits on unacceptable behaviour.

Move to this step only when your child feels validated and has calmed down. Otherwise, problem solving will not be effective.

What to do for YOU

2. Become aware of your own feelings in response to your child's emotions.

Trigger alert! The way your child displays their emotions can impact how you feel. Pay attention to how you react to your child when they express their feelings.

Stay present in the Moment. Look past their behaviour to focus on the feelings behind. Extreme behaviour signals strong emotions.

Did you know: when you are angry, you can't be empathetic. The empathy part of the brain shuts down during anger, making it almost impossible to connect with your child.

5. Maintain awareness of, and focus on, your child's feelings.

If your emotions start to interfere with your ability to connect empathetically with your child, use strategies to calm down and re-centre yourself, such as:

- Re-read these steps.
- Get yourself a drink of water.
- Take some deep breaths.

If you find yourself repeatedly triggered by your child's emotions, it is useful to discover why. Understanding the cause of your triggers can bring you greater self-awareness and peace.

8. Resist the temptation to solve the problem for them.

If you try to solve the problem for them it sends a message you don't trust them to solve their problems. This can leave them feeling insecure in their own abilities.

The result: kids who regulate their emotions better, are more confident and have higher emotional intelligence. Your home will be more peaceful too!



ELLEN PERKINS

www.ellenperkins.com

DIVERSITY
AND
INCLUSION
1337



DIGITAL CITIZENSHIP



What is Digital Citizenship?

Digital Citizenship is responsible technology usage, & teaching digital citizenship is essential to helping students achieve & understand digital literacy, as well as ensuring cyberbully prevention, online safety, digital responsibility, & digital health & wellness. Digital citizens are learners who use their technology-driven powers conscientiously and with empathy, to help make the world a better place.

TIPS FOR STUDENTS

DIGITAL CITIZENSHIP AND INTERNET SAFETY

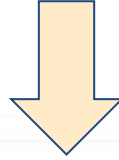
- 1 LAWS** Many sites and web tools are 13+. Most images and work online are protected by copyright. 
- 2 TALK** Tell your parents what you're doing online. Always ask a trusted adult if you're unsure of anything. 
- 3 FRIENDS** Don't add or meet online friends without parent permission. Don't trust everything friends tell you. 
- 4 PRIVACY** Keep personal info private: **Y**our full name, **A**ddress, **P**hone number, **P**asswords, **Y**our plans and birthday. 
- 5 REPUTATION** Don't post anything you wouldn't want teachers, family, friends, and future employers to see. 
- 6 QUESTION** You can't believe everything you read and see online. There's a lot of incorrect and biased info. 
- 7 BULLYING** Tell someone if you think cyberbullying is happening to you or other people you know. 
- 8 ACCOUNTS** Choose sensible email addresses and usernames. Use strong passwords and don't share them with others. 
- 9 MANNERS** Be polite and respectful at all times. Treat others online how you'd like to be treated. 
- 10 UNPLUG** Balance your screen time and green time. Get outdoors, move, play, and interact face to face. 

If in doubt, **think** about and **talk** it out

Digital Citizenship Pledge



Print and sign the
Digital Citizenship
Pledge!



WE, THE DIGITAL CITIZENS, PLEDGE TO...

COMMUNICATE RESPONSIBLY AND KINDLY WITH ONE ANOTHER.

PROTECT OUR OWN AND OTHERS' PRIVATE INFORMATION ONLINE.

STAND UP TO CYBERBULLYING.

RESPECT EACH OTHER'S IDEAS AND OPINIONS.

GIVE PROPER CREDIT WHEN WE USE OTHERS' WORK.

(Click Image for printable version)

And check out this [Brain Pop Video](#) for more on what it means to be a responsible Digital Citizen!



And finally, Our 4th graders asked our graduating fifth grade students to share some 'last looks' with the PS39 community. Here is what they had to say!

5th Grader: Silvie Ainger

4th Grade Interviewer: Rocco Vazquez

Q: This year was very different and challenging. Looking back now, what do you value about PS 39 and school in general that you might not have thought of in pre-pandemic years?

A: *Well, I value more about how much before I didn't want to go to school. But then learned how much I loved the school. I like being at school, but since I didn't have it much since we had cohorts, I didn't like not going to school and I like to be busy at school.*

Q: What will you miss most about PS 39?

A: *I think I'll miss the community of PS39, the kids - everybody was nice and the teachers were also very good.*

Q: What are your expectations for middle school ?

A: *I think middle school will be pretty good, but it obviously will not be the same as elementary school. But I think honestly, I think it's going to be harder taking no breaks from homework, a lot like this year. But I think in school we've caught up, and I've learned so many new things I didn't know last year, like coordinates - stuff like that . I'm more prepared this year than I was last year.*

Q: If you can give advice to those who are starting 5th grade what would it be?

A: *Honestly, I think every year at the end of the year they prepare you for next year, so it's not harder, but its freer because at the end of the year we have a lot of stuff to do. There's not as much work towards the end of the year, like the last month we have not been learning too much new stuff, we've more been having fun. I think personally. 5th grade is really fun even though I didn't get the full experience because of Covid, but I thought it was really fun.*

Q: What was the hardest part about 5th grade?

A: *Well, I think the hardest part for me was covid and everything because I really want to spend the whole year, but I think the hardest part is right now is that I don't want to leave elementary school.*

5th Grader: Zoe Torn

4th Grade Interviewer: Jackson Margulies

Q: What do you realize now about PS 39?

A: *A lot more friendships. Friendships got stronger from further apart.*

Q: What will you miss most?

A: *I will miss the teachers and the community.*

5th Grader: Anna Hansen

4th Grade Interviewer: Jackson Margulies

Q: This year was very different and challenging. Looking back now, what do you value about PS 39 and school in general that you might now have thought of in pre-pandemic years?

A: *The extra attention we received from our teachers*

Q: What will you miss most?

A: *Friends and Teachers*





5th Grader: Teghie Saluja

4th Grade Interviewer: Jackson Margulies

Q: This year was very different and challenging. Looking back now, what do you value about PS 39 and school in general that you might not have thought of in pre-pandemic years?

A: *It runs very differently from the other schools. It changes constantly and is different in a lot of ways.*

Q: What was special to you about PS 39?

A: *The teachers. They were very nice.*

5th Grader: Lily Seibert

4th Grade Interviewer: Edith Best (and her very thoughtful questions)

Q: This year was very different and challenging. Looking back now, what do you value about PS 39 and school in general that you might not have thought of in pre-pandemic years?

A: *It was different because this was a different school year and the hardest part was remote learning. I really like school, and the thing I like most is interacting with my friends. Now that everyone's back in class it's much better. And I saw how hard the teachers worked. I appreciate the teachers more now than I ever did.*

Q: What was special to you about PS 39?

A: *How small it is. My middle school will be bigger than this. And I know everyone in my grade, and some in the lower grades. I'll miss being with all my friends in the same place.*

Q: Is there something that you're looking forward to in middle school?

A: *I look forward to meeting new people, learning new things, and having new experiences. And I'm hoping I'll be more challenged.*

Q: Last day of school traditions?

A: *More dessert than usual.*

5th Grader: Zinia Kuhlman

4th Grade Interviewer: Edith Best

Q: This year was very different and challenging. Looking back now, what do you value about PS 39 and school in general that you might not have thought of in pre-pandemic years?

A: *I used to think school was boring, and when quarantine first started, I thought it would be better, but it wasn't. And going back to school was a lot better.*

Q: What was special to you about PS 39?

A: *The teachers. You get to know them in class and if you go up and talk to them, you start to have inside jokes with them.*

Q: Is there something that you're looking forward to in middle school?

A: *Breaks before classes start. More art and science classes.*

Q: Last day of school traditions?

A: *In school we stop doing work and start doing fun stuff. We're going to watch Harry Potter. And have a board games day. With my family, we really like anime, so I think we're going to watch some anime.*





5th Grader: Camille Barlow

4th Grade Interviewer: Edith Best

Q: This year was very different and challenging. Looking back now, what do you value about PS 39 and school in general that you might not have thought of in pre-pandemic years?

A: *I realized that this was a school that can help you learn, even in a pandemic. Normal school is just normal school, but the pandemic hit and they still taught us. They still got through to us.*

Q: What was special to you about PS 39?

A: *The teachers. They're so accepting of the differences between us, and the special subjects that the students need to learn. I really appreciated my teachers this year.*

Q: Is there something that you're looking forward to in middle school?

A: *I'm looking forward to seeing the differences between elementary school and middle school. I love PS 39, but it's exciting to get a new change.*

Q: Last day of school traditions?

A: *In school it's just relaxed, and at home we're just happy because it's summer!*

5th Grader: Henry Gelber

4th Grade Interviewer: Joey Luria

Q: This year was very different and challenging. Looking back now, what do you value about PS 39 and school in general that you might not have thought of in pre-pandemic years?

A: *It's a smaller school compared to other schools. If you've been doing it a long time you don't think about that. That's good because they focus on you.*

Q: What will you miss most?

A: *I will miss all the different classes that 39 has like music. I liked science and gardening.*

Q: Advice for a rising 5th grader:

A: *There isn't that much advice to give because it's not that different than the other years. The middle schools are all pretty good so there's not too much to worry about if you don't get your first choice.*

**CONGRATULATIONS
TO ALL
GRADUATING 5th
GRADERS!**



ENJOY SUMMER!



We hope you enjoyed the content and
found some resources you can use!

SEE YOU IN SEPTEMBER!!

